

September



2018



NOTES

KBC - Kingston Bootcamp#
BBC - Beginners Bootcamp#
HBC - Hobart Bootcamp#
OCR - Obstacle Training#
TRA - Trail Running#
AGE - Aged Care Exercise
FRE - FREE Bootcamp

#Please register online prior to attending classes

CONTACT

W: www.tazfitgroup.com
E: tazfitgroup.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27 6:00am KBC 12:00pm FREE BC 6:30pm BBC 6:30pm KBC	28 10:00am AGE 12:00pm FREE BC	29 6:00am KBC 12:00pm FREE BC 6:30pm BBC 6:30pm KBC	30 10:00am AGE 12:00pm FREE BC	31 6:00am KBC 6:30pm BBC 6:30pm KBC	1 QLD SPARTAN COMBO 	2
WEEK 1 3 6:00am KBC % 12:00pm FREE BC 6:30pm BBC % 6:30pm KBC %	4 10:00am AGE 12:00pm FREE BC	5 6:00am KBC 12:00pm FREE BC 6:30pm BBC 6:30pm KBC	6 10:00am AGE 12:00pm FREE BC	7 6:00am KBC CXLD 6:30pm BBC is ON 6:30pm KBC is ON	8	9 10AM TRA #17*
WEEK 2 10 6:00am KBC 12:00pm FREE BC 6:30pm BBC 6:30pm KBC	11 10:00am AGE 12:00pm FREE BC	12 6:00am KBC 12:00pm FREE BC 6:30pm BBC 6:30pm KBC	13 10:00am AGE 12:00pm FREE BC	14 6:00am KBC 6:30pm BBC 6:30pm KBC	15	16 TAS* HOBART FUNRUN
WEEK 3 17 6:00am KBC 12:00pm FREE BC 6:30pm BBC 6:30pm KBC	18 10:00am AGE 12:00pm FREE BC	19 6:00am KBC 12:00pm FREE BC 6:30pm BBC 6:30pm KBC	20 10:00am AGE 12:00pm FREE BC	21 6:00am KBC 6:30pm BBC 6:30pm KBC	22	23 TAS* KINGSTON FUNRUN
WEEK 4 24 6:00am KBC 12:00pm FREE BC 6:30pm BBC 6:30pm KBC	25 10:00am AGE 12:00pm FREE BC	26 6:00am KBC 12:00pm FREE BC 6:30pm BBC 6:30pm KBC	27 10:00am AGE 12:00pm FREE BC	28 6:00am KBC 6:30pm BBC 6:30pm KBC	29	30 10AM TRA #18*
1	2	3	4	5	6	7

% Testing ~ BBC/KBC at Tarremah Hall ~ FREE BC at St David's Park, Hobart ~ AGE @ Blackmans Bay Community Hall