

May



2019



NOTES

KBC - Kingston Bootcamp
 BBC - Beginners Bootcamp
 HBC - Hobart Bootcamp
 LBC - Lindisfarne Bootcamp
 OCR - Obstacle Training
 TRA - Trail Running
 AGE - Aged Care Exercise
 FRE - FREE Bootcamp

"Please register online prior to attending classes"

CONTACT

W: www.tazfitgroup.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 4 29 6:00am KBC 6:30pm BBC 6:30pm KBC	30 10:00am AGE	1 6:00am KBC 6:30pm BBC 6:30pm KBC	2 10:00am AGE	3 6AM KBC Tarremah Hall 6:30PM KBC/BBC Taremah Hall	4	5 TAS TRAIL 2 TAZFIT TRAIL SERIES
WEEK 1 6 6:00am KBC % 6:30pm BBC % 6:30pm KBC %	7 10:00am AGE	8 6:00am KBC 6:30pm BBC 6:30pm KBC	9 10:00am AGE	10 6:00am KBC 6:30pm BBC 6:30pm KBC	11	12 TAS MOTHERS DAY
WEEK 2 13 6:00am KBC 6:30pm BBC 6:30pm KBC	14 10:00am AGE	15 6:00am KBC 6:30pm BBC 6:30pm KBC	16 10:00am AGE	17 6:00am KBC 6:30pm BBC 6:30pm KBC	18	19 TAS CITY TO CASINO
WEEK 3 20 6:00am KBC 6:30pm BBC 6:30pm KBC	21 10:00am AGE	22 6:00am KBC 6:30pm BBC 6:30pm KBC	23 10:00am AGE	24 6:00am KBC 6:30pm BBC 6:30pm KBC	25	26 TAS KNGSTN FUNRUN
WEEK 4 27 6:00am KBC 6:30pm BBC 6:30pm KBC	28 10:00am AGE	29 6:00am KBC 6:30pm BBC 6:30pm KBC	30 10:00am AGE	31 6:00am KBC 6:30pm BBC 6:30pm KBC	1	2 TAS TRAIL 3 TAZFIT TRAIL SERIES
3 NEW BLOCK STARTS 3 JUNE 2019	4	5	6	7	8	9

% Testing ~ KBC at Tarremah Hall ~ PM BBC/KBC at Tarremah Hall ~ AGE @ Blackmans Bay Community Hall