

# March



# 2018



## NOTES

KBC - Kingston Bootcamp"  
BBC - Beginners Bootcamp"  
HBC - Hobart Bootcamp"  
OCR - Obstacle Training"  
TRA - Trail Running"  
AGE - Aged Care Exercise  
FRE - FREE Bootcamp

"Please register online prior to attending classes

## CONTACT

W: [www.tazfitgroup.com](http://www.tazfitgroup.com)  
E: [tazfitgroup.com](mailto:tazfitgroup.com)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26	27	28	1	2	3	4
<b>WEEK 1</b> 5	6	7	8	9	10	11
6AM KBC Kingstn Beach Oval % 6:30PM KBC/BBC Old Kngstn High %	6AM HBC Regatta Grounds 10AM AGE Blckmans Bay Hall	6AM KBC Kingstn Beach Oval 6:30PM KBC/BBC Old Kngstn High	6AM HBC Regatta Grounds 10AM AGE Blckmans Bay Hall	6AM KBC Kingstn Beach Oval 6:30PM KBC/BBC Old Kngstn High		
<b>WEEK 2</b> 12	13	14	15	16	17	18
6AM KBC Kingstn Beach Oval 6:30PM KBC/BBC Old Kngstn High	6AM HBC Regatta Grounds 10AM AGE Blckmans Bay Hall	6AM KBC Kingstn Beach Oval 6:30PM KBC/BBC Old Kngstn High	6AM HBC Regatta Grounds 10AM AGE Blckmans Bay Hall	6AM KBC Kingstn Beach Oval 6:30PM KBC/BBC Old Kngstn High		
<b>WEEK 3</b> 19	20	21	22	23	24	25
6AM KBC Kingstn Beach Oval 6:30PM KBC/BBC Old Kngstn High	6AM HBC Regatta Grounds 10AM AGE Blckmans Bay Hall	6AM KBC Kingstn Beach Oval 6:30PM KBC/BBC Old Kngstn High	6AM HBC Regatta Grounds 10AM AGE Blckmans Bay Hall	6AM KBC Kingstn Beach Oval 6:30PM KBC/BBC Old Kngstn High		
<b>WEEK 4A</b> 26	27	28	29	30	31	1
6AM KBC Kingstn Beach Oval 6:30PM KBC/BBC Old Kngstn High	EASTER BREAK	EASTER BREAK	EASTER BREAK	EASTER BREAK	EASTER BREAK	EASTER BREAK
<b>WEEK 4B</b> 2	3	4	5	6	7	8
EASTER BREAK	EASTER BREAK	6AM KBC Kingstn Beach Oval 6:30PM KBC/BBC Old Kngstn High	6AM HBC Regatta Grounds 10AM AGE Blckmans Bay Hall	6AM KBC Kingstn Beach Oval 6:30PM KBC/BBC Old Kngstn High		

% Testing @ Change of location ^ Cancelled session \* Tazfit Races