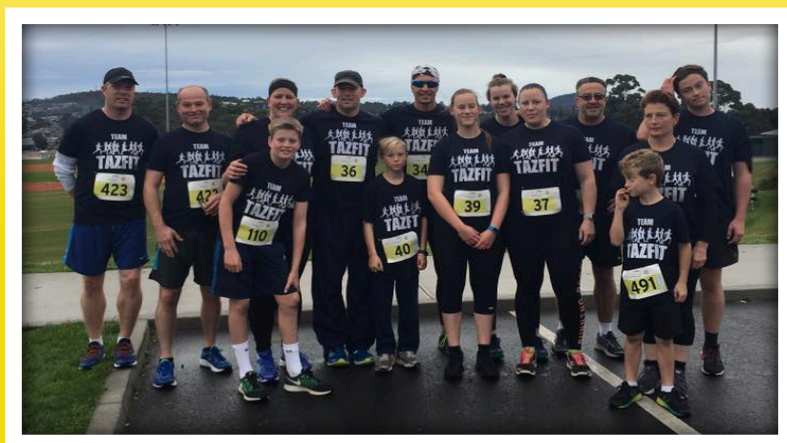


June



2017



NOTES

KBC - Kingston Bootcamp#
 BBC - Beginners Bootcamp#
 HBC - Hobart Bootcamp#
 OCR - Obstacle Training#
 TRA - Trail Running#
 AGE - Aged Care Exercise
 FRE - FREE Bootcamp

#Please register online prior to attending classes

CONTACT

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 1 29 6AM KBC Tarremah Hall % 6:30PM KBC/BBC Tarremah Hall %	30 10AM AGE Blckmans Bay Hall	31 6AM KBC Tarremah Hall 7:00PM KBC/BBC Taremah Hall	1 10AM AGE Blckmans Bay Hall	2 6AM KBC Tarremah Hall 6:30PM KBC/BBC Sth. Christian Collg	3 8AM TRA #5 10AM OCR 	4
WEEK 2 5 6AM KBC Tarremah Hall 6:30PM KBC/BBC Taremah Hall	6 10AM AGE Blckmans Bay Hall	7 6AM KBC Tarremah Hall 7:00PM KBC/BBC Taremah Hall	8 10AM AGE Blckmans Bay Hall	9 6AM KBC Tarremah Hall 6:30PM KBC/BBC Taremah Hall	10 8AM TRA #6 10AM OCR 	11
WEEK 3 12 6AM KBC Tarremah Hall 6:30PM KBC/BBC Taremah Hall	13 10AM AGE Blckmans Bay Hall	14 6AM KBC Tarremah Hall 7:00PM KBC/BBC Taremah Hall	15 10AM AGE Blckmans Bay Hall	16 6AM KBC Southern Christian College 6:30PM KBC/BBC Taremah Hall	17 8AM TRA #7 10AM OCR 	18
WEEK 4 19 6AM KBC Tarremah Hall 6:30PM KBC/BBC Taremah Hall	20 10AM AGE Blckmans Bay Hall	21 6AM KBC Tarremah Hall 7:00PM KBC/BBC Taremah Hall	22 10AM AGE Blckmans Bay Hall	23 6AM KBC Tarremah Hall 6:30PM KBC/BBC Sth. Christian Collg	QLD 24 SPARTAN BEAST 	25 8AM TRA #8 10AM OCR
WEEK 5 26 6AM KBC Southern Christian College 6:30PM KBC/BBC Sth. Christian Collg	27 10AM AGE Blckmans Bay Hall	28 6AM KBC Southern Christian College 7:00PM KBC/BBC Sth. Christian Collg	29 10AM AGE Blckmans Bay Hall	30 6AM KBC Southern Christian College 6:30PM KBC/BBC Taremah Hall	1 8AM TRA #9 10AM OCR 	2
3	4	5	6	7	8	9

% Testing @ Change of location ^ Cancelled session * Tazfit Races