

# July



# 2017











## NOTES

KBC - Kingston Bootcamp#  
 BBC - Beginners Bootcamp#  
 HBC - Hobart Bootcamp#  
 OCR - Obstacle Training#  
 TRA - Trail Running#  
 AGE - Aged Care Exercise  
 FRE - FREE Bootcamp

#Please register online prior to attending classes

## CONTACT

W: [www.tazfitgroup.com](http://www.tazfitgroup.com)  
 E: [tazfitgroup.com](mailto:tazfitgroup.com)  
 M: 0419 992 007

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26	27	28	29	30	1	2
<b>WEEK 1</b> 3	4	5	6	7	8	9
6AM KBC Tarremah Hall % 6:30PM KBC/BBC Tarremah Hall %	10AM AGE Blckmans Bay Hall	6AM KBC Tarremah Hall 7:00PM KBC/BBC Taremah Hall	10AM AGE Blckmans Bay Hall	6AM KBC Tarremah Hall 6:30PM KBC/BBC Taremah Hall		8AM TRA #10 10AM OCR  
<b>WEEK 2</b> 10	11	12	13	14	15	16
6AM KBC Tarremah Hall 6:30PM KBC/BBC Taremah Hall	10AM AGE Blckmans Bay Hall	6AM KBC Tarremah Hall 7:00PM KBC/BBC Taremah Hall	10AM AGE Blckmans Bay Hall	6AM KBC Tarremah Hall 6:30PM KBC/BBC Taremah Hall		8AM TRA #11 10AM OCR  
<b>WEEK 3</b> 17	18	19	20	21	22	23
6AM KBC Tarremah Hall 6:30PM KBC/BBC Taremah Hall	10AM AGE Blckmans Bay Hall	6AM KBC Tarremah Hall 7:00PM KBC/BBC Taremah Hall	10AM AGE Blckmans Bay Hall	6AM KBC Tarremah Hall 6:30PM KBC/BBC Sth. Christian Collg		8AM TRA #12 10AM OCR  
<b>WEEK 4</b> 24	25	26	27	28	29	30
6AM KBC Tarremah Hall 6:30PM KBC/BBC Taremah Hall	10AM AGE Blckmans Bay Hall	6AM KBC Tarremah Hall 7:00PM KBC/BBC Taremah Hall	10AM AGE Blckmans Bay Hall	6AM KBC Tarremah Hall 6:30PM KBC/BBC Taremah Hall		8AM TRA #13 10AM OCR  
31	1	2	3	4	5	6

% Testing   @ Change of location   ^ Cancelled session   \* Tazfit Races