

## TAZFIT TRAILBLAZERS



A great way to keep fit during the winter whilst capturing some of the most scenic trails in the Hobart/Kingborough area.

Open to all ages and abilities and to be part of a local community group (Team Tazfit) operated by Elite Athlete Dan 'Dragon' Lemoto.

Whether you are a beginner, wanting to improve your running, or just keen to take the family on an adventure, then Tazfit Trailblazers is for you!

## TAZFIT Personal Training and Bootcamps

Tazfit HQ  
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Hobart, TAS  
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## TAZFIT TRAILBLAZERS

**SERIES 1 Trail Series**  
Hobart/Kingborough Area

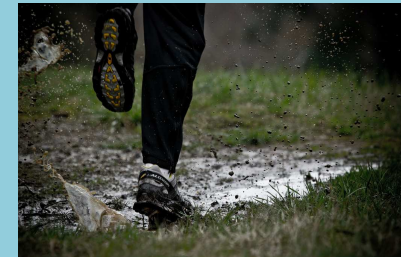
**WINTER 2015 Jun-Sep**

**16 Trail runs**

**8 Different Locations**

**Walk, Run or Race**

**Every Sunday 8am\***



**Creating Healthier  
Communities**

**[www.tazfitgroup.com](http://www.tazfitgroup.com)**

**Come Trail with Us !**



## TAZFIT TRAILBLAZERS



Team Tazfit after completing the Raw Challenge TAS

### General

'Like' our facebook page Tazfit Trailblazers for course details, location, updates & comms.

### RACE DAY

Sign Monthly Attendee form

Wear TAZFIT apparel

Prepare appropriately for weather conditions during and post event

Be early to warm up and receive race brief at 7:50am

Parents are to supervise children 15 years old and under

Support and encourage all members and have FUN !

### Series 1 Calendar

- 1 Whitewater Creek 2.9 (7 JUN)
- 2 Hobart Rivulet 3.9 (14 JUN)
- 3 Waterworks 2.75 (21 JUN)
- 4 Tarooma Beach 2.1 (28 JUN)
- 5 Domain 3.1 (5 JUL)
- 6 Peter Murrell Res. 3.4 (12 JUL)
- 7 Snug Falls 2.95 (19 JUL)
- 8 Alum Cliffs 5.6 (26 JUL)
- 9 Whitewater Creek 2.9 (9 AUG)
- 10 Hobart Rivulet 3.9 (16 AUG)
- 11 Waterworks 2.75 (23 AUG)
- 12 Tarooma Beach 2.1 (30 AUG)

13 Domain 3.1 (6 SEP)

14 Peter Murrell Res. 3.4 (20 SEP)

15 Snug Falls 2.95 (27 SEP)

16 Alum Cliffs 5.6 (4 OCT)

### Cost

A) Members^ - FREE\*

B) Non-Members - \$80\*

C) 15 years old/under – FREE\*

^ current PT/BC Client

\* Must have Shirt or place order

Shirts \$30

Hoodys \$55 (optional)

### HOW TO REGISTER

1. Register online at [Tazfitgroup.com](http://Tazfitgroup.com)
2. Attend the event and complete your registration
3. Pay your registration fee (if applicable)
4. Race